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Podiatric Medicine and Surgery  
Diabetic Foot Care, Sports Medicine & Orthotics  
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## We are looking forward to your next visit with us!

### Here are some tips and tricks for your next visit:

1. Please remove all nail polish
2. Please do not trim your nails before the visit
3. Wear your running shoes to the clinic, especially if you are fitting for your new orthotics
4. Please bring previous orthotics or any orthotic related items to your visits

### Other housekeeping items:

- We do not direct bill; receipts will be available.
- All appointments are in-person, no phone consultation is available.
- If your last visit has been more than 5 years, you will be billed as a new patient.
- Ingrown nail surgeries are best done after holidays, sports tournaments etc.

If you have any questions, please do not hesitate to give us a call for clarification!

Thank you,

Dr. Sunny Lai & Dr. Midy Liou